

A Positive Start for *Every* Family

Transforming Health Visiting

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Policy Background – ‘Big Society’ and ‘the family’

- In 2010 the Government set its vision for the future of Health Visiting in England – to expand and modernise by March 2015
- Big Society
- Family and Parenting
- Cross Government Reviews:
 - Frank Field MP (Poverty and Life Chances)
 - Graham Allen MP (Early Intervention)
 - Claire Tickell (Early Years Foundation Stage)
 - Eileen Munroe (Safeguarding/Child Protection)



Research and Evidence-Base

New and Latest Evidence:

- Family Nurse Partnership
- Impact of early brain development on whole life outcomes
- Impact of early years on adult health
- Impact of parenting in early years on life chances
- Early intervention = long term investment

Key messages

- Importance of prevention
- Importance of early help and early intervention
- Healthy Child Programme 0-5years



Healthy Child Programme & Four Tier Family Offer

1. **Universal – All Families:** a service to all families with Health Visitors offering help and interventions as part of the Healthy Child Programme
2. **Universal Plus:** a rapid response from the Health Visiting team when families need specific expert help, e.g. problems with weaning, sleeping, maternal mental health, attachment concerns
3. **Universal Partnership Plus:** working with other organisations, partners and professionals to deal with complex issues over time, and make sure that the right services, groups and networks are available to families locally, e.g. children with complex needs, safeguarding, CAF.
4. **Community – Public Health:** Health visitors will help to develop a range of services in the community, and make sure families know about them.



What does this mean locally?

- Local expansion target:
 - Nottingham City to expand numbers of Health Visitors by 123% - additional resources targeted in areas of greatest need

- Current position:
 - Long term national shortages and local vacancies
 - Health Visitors see 96% of the under 5's population in Nottingham City
 - High caseloads – approximately 396 per Health Visitor
 - Complex safeguarding caseloads

- Local delivery plans:
 - Commissioning
 - Engagement and Communication
 - Workforce
 - Health Visiting Practice & Building Community Capacity

Strategic Objectives 'What We Do'

➤ Safeguarding and Early Intervention Children

- Objectives: stronger safeguarding / shifting resources to early intervention and prevention / reducing infant mortality
- How: increased Health Visiting resource targeted in priority areas / targeted immunisation programmes for hard to reach groups / increased support for vulnerable young people e.g. priority families, travellers, homeless

➤ Strong families

- Objectives: improving parenting support / supporting children with learning difficulties and disabilities / improving corporate parenting
- How: improving attachment between parents and their babies and children / increased awareness and uptake of community services for children and families including primary care and Children's Centre services / improving access to parenting support programmes

➤ Healthy and positive children and young people

- Objectives: promoting healthy living / reducing teenage conceptions / reducing substance misuse / strengthening positive behaviour
- How: improved maternal and infant mental health provision / increased support for children with complex needs and behaviours e.g. conduct disorder / improved nutrition advice and guidance e.g. infant feeding to ensure they maintain a healthy weight as they grow and develop



Questions

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Contact.

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